

PERTH CITY SWIM CLUB (PCSC) PARENT / CARER CODE OF CONDUCT

You should help and support the implementation of the best practice policies in the club by following Codes of Conduct.

The Parent / Carer Code of Conduct responsibilities are to:

- Support your swimmer and their teammates in a positive way
- Promote that participation in sport for children and young people is fun, safe, fair, and in the spirit of fair play
- Allow your swimmer to focus on their efforts and set their own goals rather than comparison with others or winning being the main objective
- Be a positive role model for young people by maintaining the highest standards of personal conduct and respectful behaviour in any activity related to the club, District and Scottish Swimming
- Know your swimmer's training and/or competitive programme and ensure prompt attendance at training and event start times.
- Recognise that the club's responsibility for care of your swimmer is limited to poolside in training and during gala sessions only. You should make arrangements to ensure they are cared for during session breaks and lunch in addition to transport to and from training or events
- Ensure emergency contact and medical conditions are up to date in your swimmer Team Unify account. Please include developmental concerns for example dyslexia, ADHD, autistic spectrum disorder as this information helps coaches and team managers supporting training and competitions
- Please do not attend training or events if your swimmer is unwell and follow public health advice regarding isolation periods for infectious illnesses. In the case of injury please provide information regarding time required and any specific recovery plans. Please ensure all health updates are emailed to welfare@perthcityswimclub.com
- Understand and ensure your swimmer(s) abide by the Swimmer Code of Conduct
- Have an awareness of and respect for coaches, team managers, technical officials, lifeguards, pool operating staff, club committee members and all supporting adults and their roles
- Arrange an appropriate time and place for discussing any matter with coaches and or relevant committee member; communication should not take place whilst a coach is in a position of supervision or responsible for other young people
- Become a member of the club and contribute your time and effort poolside, as an official, or Committee member. No club can operate successfully and safely without the help of volunteers



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- Be available for STO duties when required in order that each squad has enough Technical Officials to share the load at meets and ensure the club comply with minimum volunteer numbers, therefore avoiding any potential club fine
- Be aware of and abide by the Safeguarding Policies and the rules and constitution of the club
- Observe the rules and guidance in place for members of the public at facilities used for training and events with regards to spectating and access to changing facilities.
- Abide by the policies and procedures regarding the use of mobile phones, camera & videoing equipment
- Where appointed a role or duty you should not be under the influence of any banned substance or alcohol whilst involved in any club, district, national event
- Comply with all additional Scottish Swimming policies and procedures as introduced by the club and district
- Understand the complaints and disciplinary process; follow the proper procedure if you feel unjustly treated. Any complaints/disciplinary matters will be dealt with effectively and confidentially

Protecting Other People's Rights

- We respect other people's rights; and expect you to do the same
- Do not write any derogatory or offensive comments in relation to the Club, our Members, District, or any other Swimming Club
- Do not post comments criticising or verbally abusing swimmers, coaches, officials or volunteers within the Club or any other Swimming Club
- Do not post photographs on the Club social media pages as you may be in breach of the Club's Photography Policy. This is an information sharing facility only
- Do not post content or take any action on Club social media pages that infringes or violates someone else's rights or otherwise violates the law
- Do not seek out parents, swimmers, or any Club members on personal social media or messaging platforms (& without their permission) to discuss personal swim related matters; use the appropriate Club Committee contact domain
- Cyberbullying, Cyberstalking and any other inappropriate content or actions will not be tolerated

Any breach in this code of conduct will be dealt with appropriately and in accordance with the club complaints and disciplinary process.

