

# POOLSIDE HELPER Role Descriptor

## **PURPOSE**

Assist with club sessions under the supervision of a qualified coach.

# MAIN FUNCTIONS AND DUTIES

- Be present at training sessions wearing the correct attire
- Assist with the set-up of the pool for training sessions
- Be aware of safety at all times throughout the session, keeping the poolside tidy and ensuring any health and safety risks are reported to the coach
- Ensure swimmers have the correct equipment needed for the session e.g. pull buoys, floats etc
- Ensure swimmers are abiding by the rules of the club regarding behaviour during sessions
- Assist the coach to deliver the session and advise swimmers on their technique
- At the end of the session ensure all equipment is correctly stored away

#### **SKILLS / ATTRIBUTES**

- Good organisation and communication skills
- Reliable & trustworthy
- Approachable & friendly
- Motivator & problem solver
- Patient

## **REQUIREMENTS**

- Poolside Helpers must be at least 14yrs of age
- PVG Scheme Membership
- Be a member of Scottish Swimming
- To complete a self-declaration form
- Sign and adhere to the Volunteer Code of Conduct
- Enthusiasm and commitment to developing all club members
- Basic technical knowledge of the sport and safety within sessions

# TRAINING AND SUPPORT

- Scottish Swimming Pool Helpers qualification Under Development
- Scottish Swimming UKCC Level 1
- Attend Child Wellbeing & Protection in Sport course (renewable every 3 years)